Herfstcriterium 2026: Session: 5: Startlist per athlete for TEAM: KAZS

Coachinfo: Warming up from: 09:00 untill 09:45. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Valvekens Cindy

Coaches: Lievens Stijn HEADCOACH

Coaches: Dormaels Caroline

PB => Personal Best time

Athlete: DEGREEF EMELIE

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
200M MEDLEY WOMEN 11-12	30	1	2	03:38.42	no time	11:25

Athlete: DEXTERS MILA

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
200M MEDLEY WOMEN 11-12	30	10	1	02:59.20	03:14.39	12:00

Athlete: GERARD CARYS

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
200M MEDLEY WOMEN 13+	28	8	1	02:48.35	02:50.32	10:55

Athlete: LEMBRECHTS KAAT

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
200M MEDLEY WOMEN 11-12	30	8	4	03:03.06	03:13.57	11:50

Athlete: LEMBRECHTS LARS

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
100M FREESTYLE MEN 13+	27	3	1	01:12.02	01:12.08	10:05 02:00
50M BACKSTROKE MEN 13+	31	2	3	00:40.98	00:43.72	12:05

Athlete: LEMBRECHTS SIEN

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
200M MEDLEY WOMEN 13+	28	4	5	02:59.73	03:01.44	10:40

Athlete: PUT JULIE

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
200M MEDLEY WOMEN 11-12	30	2	6	03:27.63	03:40.24	11:30

Athlete: VANHELMONT DANTE

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
100M FREESTYLE MEN 13+	27	11	1	01:02.42	01:02.94	10:15 02:00
50M BACKSTROKE MEN 13+	31	10	7	00:33.39	00:33.55	12:15

Athlete: VERBRUGGEN MATS

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
100M FREESTYLE MEN 13+	27	9	2	01:05.02	01:07.69	10:15

50M BACKSTROKE MEN 13+	31	7	8	00:36.33	00:36.99	12:10

Athlete: VERHEYEN STEPHEN

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
100M FREESTYLE MEN 13+	27	10	7	01:04.06	01:06.29	10:15

Athlete: WILLEN LENTHE

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
200M MEDLEY WOMEN 11-12	30	4	5	03:15.51	03:29.40	11:35

Athlete: WILLEN LUNA

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
200M MEDLEY WOMEN 13+	28	3	8	03:09.08	03:29.91	10:35